



Weekend trip checklist

Five checks before you leave home, from permits to the waste plan.

1. Permits and passes

- ☐ Confirm permits, passes, reservation windows, and backup trailheads.
- ☐ Screenshot confirmations before leaving service.

2. Conditions

- ☐ Check weather, AQI, smoke, closures, gates, and pass roads on departure day.
- ☐ Save one lower-risk backup objective.

3. Gear

- ☐ Layers for forecast plus one extra insulation margin.
- ☐ Headlamp, power bank, water treatment, first aid, and map backup.

4. Food and water

- ☐ Carry enough for the planned trip plus one delay meal.
- ☐ Fill bottles before the last reliable access point.

5. Stewardship

- ☐ Know bathroom and waste plan.
- ☐ Pack out everything.
- ☐ Share locations with restraint when a place is already under pressure.